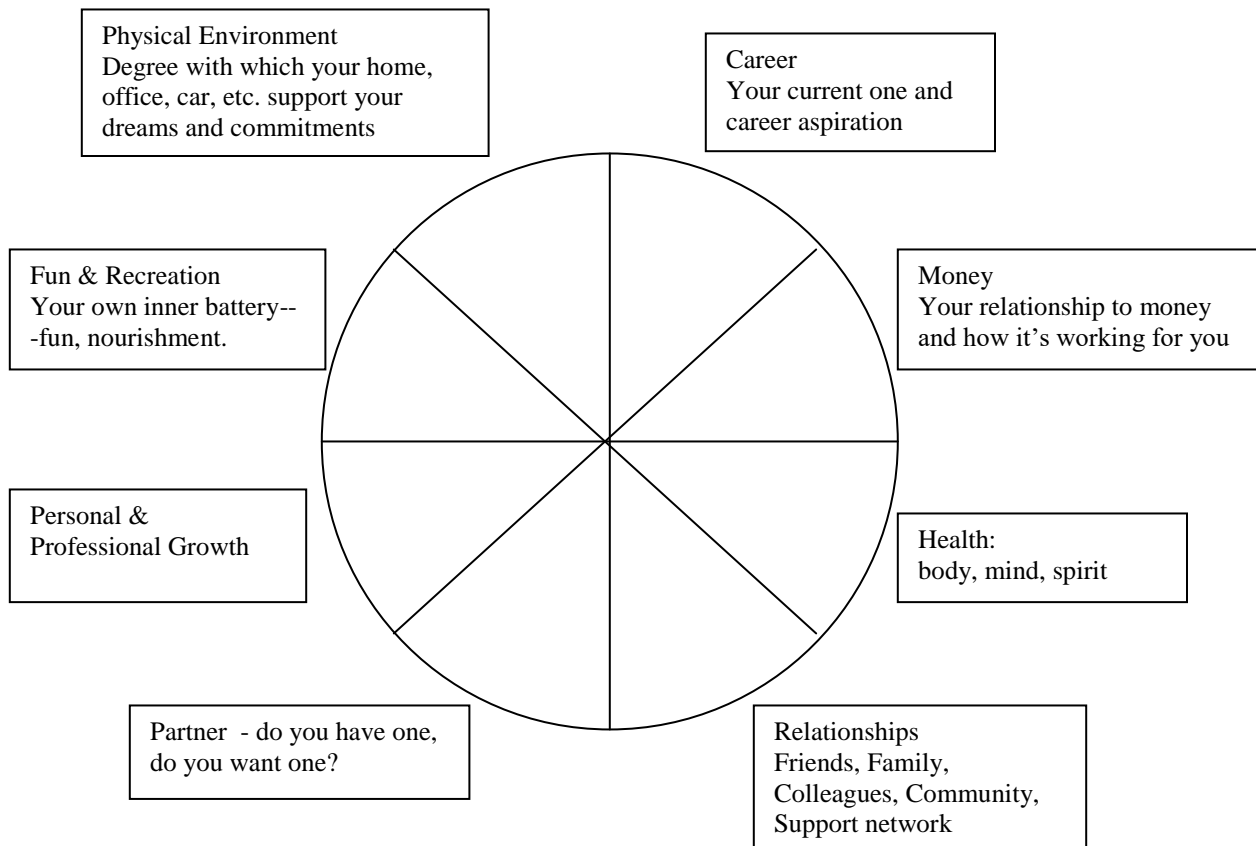


Wheel of Life



Within each area above, rate your current level of satisfaction on a scale of 0 to 10 with 0 being the center of the circle and 10 the outside. Draw a corresponding arc across each section at your level. Notice the shape of the resulting "wheel."

What kind of ride would a wheel of this shape offer you?

What are you learning about yourself?

What part of wheel would be the easiest to start with?

Any other insights?